




## COVID-19 Friendly Model

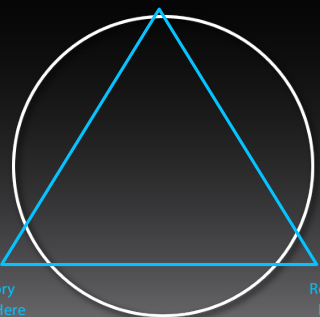
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## Learning Objectives

- Maintaining Person Centered Care
- What is the COVID-19 Friendly Model?
- Maintaining care workload?
- PPE vs PPT




## Person-Centred Care



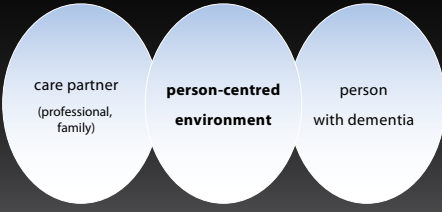
Communication

My Story Begins Here

Responsive Behavior



## Person-Centred Environment




care partner (professional, family)

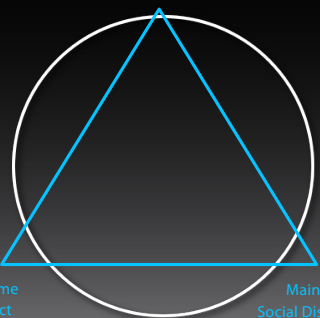
person-centred environment

person with dementia

different people - different needs - creative solutions




## COVID-19 Friendly Model



Communication


One-Time Contact

Maintain Social Distancing



## COVID-19 Friendly Model

- Going from high touch in person centred care to maintaining social distancing may not be easy
- Going from preparing 8-10 people for AM care to one-time contact may not be easy



### COVID Friendly Model

- Going from maintaining dignity and respect to ONE-TIME CONTACT may not be easy
- Personal protective equipment (PPE)
- Patience, persistence and time (PPT)



### How to maintain social distance?

- Linens, supplies all kept in each room
- Encourage independence
- Complete one person's care before moving to next person
- Gloving once/ handwashing once/resident



### How to maintain care workload?

- Does all care need to be completed before breakfast?
- Can bathing times be adjusted?
- Consider mobilizing people on alternate days
- Prioritize care, who shall I leave for last?



### How to maintain dignity and respect?

- Pain
- Bathroom needs
- Hunger
- Creative care planning
  - One-time contact
  - Considering needs of resident



### Personal Protective Equipment PPE

- What do I need to assure my resident is safe and I am safe?
- Gloving/handwashing
- Use of hand sanitizer when soap and water not available
- Education for family who may be allowed visitation



### Patience Persistence Time PPT

- Patience - change agents require time
- Persistence - brainstorming innovative measures, NEVER give up
- Time - how to keep our residents connected mentally and physically during these difficult days



### Visitation During COVID-19

- Person with dementia does not understand COVID-19
- FaceTime/Virtual conversations with family
- Knowing the person
- Virtual music therapy, Pet therapy



“We WILL navigate through these difficult pandemic times and come out on the other side, knowing that we have done the best we can in caring for ourselves and this vulnerable population.”



### Resident’s Bill of Rights

1. Please remember I am a person. I am still here.
2. Although I have dementia, I still have a voice.
3. I need to be in charge and in control of my life.
4. It makes me feel really good when I am included in your conversations.
5. Please forgive me when I don’t always have the right words at the right time.
6. I make mistakes. Please focus on the things I still do well.
7. Please don’t talk over me as though I am not in the room.
8. I love to hear about your memories, even though I may not remember them.
9. Please trust that my spirit is alive and well. I still love chocolate.
10. Care about me as I care about you.



## Living Dementia Approach

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